

Option 2

Physical Education Waiver & Independent Study in Physical Education

In order to qualify for a Physical Education Waiver or participation in a physical education independent study for 2010-2011, a student must meet each of the following:

- A student ***must*** be a varsity athlete in 11th or 12th grade or a participant in the pilot dance program established in partnership with the BergenPAC.
- The student must be in season (i.e.: 1st marking period- fall season) using only the first 3 Marking periods.
- The student must complete a consent form with signatures the day after the varsity team is established for that team.
- The consent form must be signed by a parent/legal guardian regardless of student's age.
- A pass/fail assessment will be completed by the PE teachers using PE Dept developed guidelines and rubric.
- Once the PE packet is completed and cleared by the instructor, eligible students will be required to work on other coursework.
- The student must be at practice or game each day of season unless excused by the coach.
- If a student is excused from practice/game/dance class, a written excuse must be provided by a doctor or parent.
- If a student leaves a program for any reason, he/she will be required to return to the regular PE class immediately (i.e. released from team for discipline).
- No semester hours will be assigned to this class period.
- A student will be given a new schedule as per the school.
- The teacher will not be responsible for the exempt student.
- The student will report to a designated classroom each day of the season. If the student fails to report, he/she will be required to return to PE class.
- The off campus Dance Program will require an activity worksheet that is signed off by the person in charge.

2010-11 Physical Education Waiver Application/Request

(This form must be completed, signed and returned by the due date before approval will be considered)

TO BE COMPLETED BY STUDENT

The Physical Education waiver is an approved substitution for Physical Education class set by the New Milford Board of Education. This waiver will be considered for high school juniors and seniors who are varsity athletes only during the approved season of play. The student **MUST** meet the requirements set forth by New Milford High School and the Board of Education.

NAME _____

STREET ADDRESS _____

CITY _____ **ZIP CODE** _____

PARENT/GUARDIAN _____

HOME PHONE _____ **CELL PHONE** _____

SPORT _____

I AM REQUESTING TO BE WAIVED FROM PHYSICAL EDUCATION FOR: (PLEASE CHECK ONE)

_____ FALL SEASON (must be submitted by August 15)

_____ WINTER SEASON (must be submitted by November 15)

_____ SPRING SEASON (must be submitted by February 15)

I have read the guidelines for the Physical Education Waiver and comply to those regulations.

Student's Signature _____

Parent/Guardian Signature _____

Coach Signature _____

Teacher Signature _____

APPROVED: _____ NOT APPROVED _____

ATHLETIC DIRECTOR _____

PRINCIPAL _____

2010-11 Physical Education Waiver Application/Request (Off Campus)

(This form must be completed, signed and returned by the due date before approval will be considered)

TO BE COMPLETED BY STUDENT

The Physical Education waiver is an approved alternative Physical Education program set by the New Milford Board of Education. This waiver will be considered for high school juniors and seniors who are participating in an approved off campus activity during the designated marking period. The student **MUST** meet the requirements set forth by New Milford High School and the Board of Education.

NAME _____

STREET ADDRESS _____

CITY _____ **ZIP CODE** _____

PARENT/GUARDIAN _____

HOME PHONE _____ **CELL PHONE** _____

SPORT/ACTIVITY _____

I AM REQUESTING TO BE WAIVED FROM PHYSICAL EDUCATION FOR: (PLEASE CHECK ONE)

_____ 1ST MARKING PERIOD (must be submitted by August 15)

_____ 2ND MARKING PERIOD (must be submitted by November 15)

_____ 3RD MARKING PERIOD (must be submitted by January 15)

_____ 4TH MARKING PERIOD (must be submitted by March 15)

I have read the guidelines for the Physical Education Waiver and comply to those regulations.

Student's Signature _____

Parent/Guardian Signature _____

Coach Signature _____

Teacher Signature _____

APPROVED: _____ NOT APPROVED _____

ATHLETIC DIRECTOR _____

PRINCIPAL _____

New Milford Public School District

Option Two Program

Option Two Program	Grading, Class Rank	Definition
Physical Education (on campus)	<p align="center">Pass/Fail</p> <p align="center">Grading will not be credited towards overall GPA and Class Rank</p> <p align="center">Credits will count towards graduation</p>	<ul style="list-style-type: none"> • Grades 11-12 can participate in program • Only varsity athletes are eligible for PE Waiver <ul style="list-style-type: none"> • Marking Period 1- fall season • Marking Period 2- winter season • Marking Period 4 – spring season • Student must be academically eligible • Student must complete packet of paperwork from the PE department • Teacher must sign off each day at designated area • Coach must sign off on athlete's attendance
Off campus	<p align="center">Pass/Fail</p> <p align="center">Grading will not go towards overall GPA and Class Rank</p> <p align="center">Credits will count towards graduation</p>	<ul style="list-style-type: none"> • Grades 9-12 may enroll in this program <ul style="list-style-type: none"> • Must be approved off campus study/activity that meets a minimum of 150 minutes per week in the pilot dance program, etc. School personnel will decide if the activity meets the requirements that will meet the waiver. • Student must be academically eligible • Student must prove attendance at approved off campus activity

All applications for the Option Two program are available in the Athletic Director's office and guidance office. All paperwork must be submitted on time and are expected to be completed fully. The program requires attendance each day and will follow all guidelines set forth by the New Milford School District. Activities will be considered only if they meet NJCCCS and are theme-based, structured and provide learning experiences for the student.

Teachers and instructors must be certified by appropriate state agencies and will provide copies of certification upon request. All certifications and licenses will be approved by the New Milford Board of Education.

All costs of the Option Two program not normally covered by the Board of Education (i.e. off campus activities) will be the responsibility of the parent/guardian. The New Milford Board of Education will not assume responsibility of any fees outside of the athletic department.

Student Name: _____

Week of: _____

Date	School/Program	Class/Activity	Minutes/Hours	Instructor/Teacher Signature
Sunday				
Monday				
Tuesday				
Wednesday				
Thursday				
Friday				
Saturday				

Total Hours for Week _____

Week of: _____

Date	School/Program	Class/Activity	Minutes/Hours	Instructor/Teacher Signature
Sunday				
Monday				
Tuesday				
Wednesday				
Thursday				
Friday				
Saturday				

Total Hours for Week _____

NOTE: A student must submit their timesheets every other week with all signatures in order to remain in compliance with the school guidelines. Inaccurate reports of participation may result in disqualification from the Option Two program.

Student Signature: _____