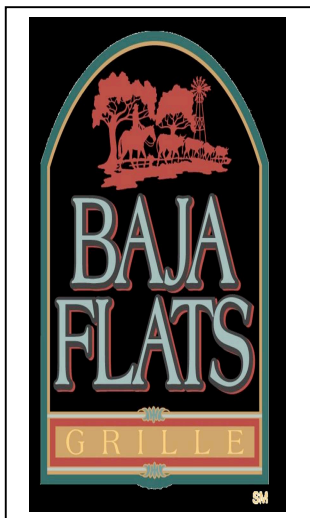


New Milford High School

Environments in Good Taste - January 2012



nth



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
	OVEN BAKED BBQ'D CHICKEN Cheesy Macaroni Biscuit Peas & Carrots Apple Sauce Low Fat Milk Choice	BREAKFAST BAR Egg, bacon or sausage & Cheddar on a Whole Wheat Bagel Hash Brown Orange Wedges Low Fat Milk Choice	CHICKEN BURRITOS Mexican Fiesta Rice Glazed Carrots Diced Peaches Low Fat Milk Choice	STEAK ESCAPE Dressed up Philly Cheese Steak Assorted Toppings Potato Wedges Green Beans Mixed Fruit Low Fat Milk Choice
9	10	11	12	13
SPUDS BAR Baked Potato Wedge Topped w/Beef Chili, Cheese, Salsa, and Sour Cream Sweet Corn Fresh Pear Low Fat Milk Choice	ROASTED TURKEY w/ GRAVY Herb Stuffing Mashed Potato Green Peas Apple Pie Low Fat Milk Choice	CHEESY OVEN BAKED ZITI Marinara Sauce Garlic Toast Broccoli Florets Diced Pears Low Fat Milk Choice	CASA AMIGOS Beef and Crispy Corn Nacho Chips Assorted Toppings Fiesta Corn Mexican Rice Mixed Fruit Low Fat Milk Choice	TEXAS TOAST Mix & Match Assorted Grilled Cheese Choice of Tomato or Chicken Noodle Fresh Apple Low Fat Milk Choice
16	17	18	19	20
<u>MARTIN LUTHER KING, JR. DAY</u> <u>SCHOOL CLOSED</u>	BAKED CHICKEN PARMESAN Specialty Plus Pasta Seasoned Broccoli Garlic Toast Orange Wedges Low Fat Milk Choice	BIG BAD BURGER BAR Double Beef Burgers Assorted Toppings Baked Tater Tots Baked Beans Mixed Fruit Low Fat Milk Choice	CHICKEN & CHEESE QUESADILLA Sweet Corn Fiesta Rice Fresh Pear Low Fat Milk Choice	STEAK ESCAPE Dressed up Philly Cheese Steak Assorted Toppings Potato Wedges Chilled Peaches Low Fat Milk Choice
23	24	25	26	27
CARRIBEAN JAMAICAN CHICKEN Steamed Rice Mixed Vegetables Wheat Dinner Roll Orange Wedges Low Fat Milk Choice	BOARDWALK BAR TWIN BEEF DOGS Choice of Toppings Baked Tater Tots Baked Beans Mixed Fruit Low Fat Milk Choice	CHICKEN AND BROCCOLI ALFREDO Barilla Plus Pasta Mixed Green Salad Garlic Bread Chilled Pears Low Fat Milk Choice	<u>SHORT SESSION DAY</u> <u>BREAKFAST SERVED ONLY</u>	BBQ PORK RIBBIE on a Hero Roll Baked Potato Wedges Carrot Coins Apple Sauce Low Fat Milk Choice
30	31			
TEXAS TOAST Mix & Match Assorted Grilled Cheese Choice of Tomato or Chicken Noodle Chilled Peaches Low Fat Milk Choice	SPICY BEEF WRAP Mashed Potato Seasoned Corn Fresh Apple Low Fat Milk Choice			

Sandwich Central

*Deli Sandwiches or
Crisp Garden Salads
Made Fresh *
Made Your Way*

- Bakery Fresh Breads, Rolls, Wraps
- Premium Deli Meats
- Salad Greens
- Crisp Garden Vegetables
- Signature Salads
- Assorted Toppings
- Pasta Salad
- Fresh Fruit

All Sandwich Central Sandwiches or Wild Greens are offered with a choice of low-fat Milk

MEAL PRICE
Students..\$2.35
Teachers..\$2.85

*Low Fat Milk Choices

Outtakes
QUICK CUISINE

Available Daily

Assorted Packaged Wild Greens Salads
Offered with Crackers & a choice of low fat milk

Triple Decker PB&J Sandwiches
Offered with tossed salad, fresh and/or seasonal fruit & a choice of low fat milk

Au Bon Pain Soup
Ala carte only

BREAD BASKETS AVAILABLE DAILY

Available Daily

Our Signature Thin Crust Pizza
Plain, Pepperoni & Specialty
Or
Specialty Stuffed Hot Breads & Heroes

All Trattoria Entrees are offered with a tossed salad, fresh seasonal fruit and a choice of low fat Milk

