

Save the date:

April 17
6-8pm

ELEMENTARY PARENT ACADEMY

SEL & Wellness

Please join us on April 17 from 6-8pm at Berkley Street Elementary School for our next Parent Academy offering with a special focus on SEL & Wellness. In addition to our keynote speaker, Jenny Mills, elementary teachers and counselors will offer a variety of break out sessions to support SEL and Wellness in our schools and community.

BE KIND
TO YOUR
MIND

About the keynote speaker:

Jenny Mills, founder of Roots & Wings, LLC

Jenny's mission is to help students learn, teachers teach, and families communicate by incorporating mindfulness-based practices into their daily routines. Jenny shares her expertise at national and international conferences in the areas of literacy, assessment, and mindfulness strategies for the classroom. It is her goal to raise awareness of the ways in which mindfulness practices support teaching and learning.

What to expect :

- ✓ Keynote Speaker
- ✓ Interactive Sessions
- ✓ Food
- ✓ Babysitting

QUESTIONS?

PLEASE CONTACT: PATRICIA POLICASTRO, ELEMENTARY VICE PRINCIPAL
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