




FEBRUARY New Milford 2022 Elementary Schools



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Lunar New Year Sampler Platter w/ Dumplings & an Egg Roll	2 Cheesesteak Hero	3 Crunchy Chicken Tacos w/ Rice & Beans	4 Pizzeria Pizza
		Weekly Alternate: Grilled Cheese Sandwich		
7 All-Beef Hot Dog on a Bun	8 Baked Ziti w/ a Split Top Dinner Roll or Pasta w/ Meat Sauce & a Split Top Dinner Roll	9 Sweet & Sour Chicken Bite Bowl	10 Short Session No Lunch	11 Pizzeria Pizza
	Weekly Alternate: Grill Cheese Sandwich			
14 Football-Shaped Chicken Nuggets w/ a Heart-Shaped Pretzel & a Local Pink Lady Apple	15 Macaroni & Cheese w/ a Split Top Dinner Roll	16 Beef or Turkey Nachos Grande w/ Cheese, Brown Rice & Scoops	17 Cinnamon-Glazed French Toast Sticks	18 No Lunch Presidents Day Weekend
	Weekly Alternate: Grilled Cheese Sandwich			
21 No Lunch Presidents Day Weekend	22 Empanada w/ Rice & Beans	23 Pasta w/ Beef Meatballs or Plant-Based Meatballs & a Split Top Dinner Roll	24 Mini Pancakes w/ Sausage Links	25 Pizzeria Pizza
		Weekly Alternate: Grilled Cheese Sandwich		
28 Chicken Fingers w/ a Split Top Dinner Roll or Plant-Based Tenders w/ a Split Top Dinner Roll	 Locally Grown Parsnips		 Locally Grown Pink Lady Apples	
Weekly Alternate: Pizza Crunchers				

Also Available Daily:

Bagel & Yogurt Lunch w/ a Cheese Stick
Grilled Chicken Caesar Salad w/ a Roll

Assorted Sandwiches

Italian Hero
Turkey & Cheese Sandwich
Ham Sandwich



All students receive one free meal per day



At least 50% of All Grains served w/ your meal are Whole Grain Rich

FOOD ALLERGIES

Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

A Complete Lunch Includes:

- Entrée (with Protein/Grain)
- Trip to The Farm Stand** (students must select at least a serving of fruit or vegetable)
- Hormone-Free Milk

Menu Subject to Change

Product substitutions may occur due to supply chain disruptions as a result of COVID-19

Your comments are important to us. Please e-mail us at comments@pomptonian.com

"This institution is an equal opportunity provider."