

DAVID E. OWENS MIDDLE SCHOOL  
470 Marion Avenue  
New Milford, New Jersey 07646  
(201) 265-8661



James DeLalla  
Principal

Christopher Iasiello  
Vice Principal

September 2022

Dear Parents:

In accordance with the State of New Jersey "Parents Right to Conscience Act," we are contacting you regarding your child's participation in the Health and Family Living course of study at the David E. Owens Middle School.

The law allows a parent or guardian to request, in writing, that his/her child be excused from any part of the instruction in Health, Family Life Education, or Sex Education if the content conflicts with his/her moral or religious beliefs. In such a case, the student may be excused from that portion of the course and will receive an alternate assignment to be completed outside of the classroom environment.

**The units of work in the 6th-grade Health course are as follows:**

1. Wellness, Decision Making, and Goal Setting
2. Stress
3. Allergies and Asthma
4. Safety
5. Cells
6. Environment

**The units of work in the 7th-grade Health course are as follows:**

1. Nutrition and Food Label
2. Eating Disorders and Body Image  
Substance Awareness
3. L.E.A.D. (10 Lessons)
  - A. Goal Setting
  - B. Decision Making
  - C. Communication
  - D. Alcohol, Tobacco, and Drugs (ATOD)

**The units of work in the 8th-grade Health course are as follows:**

1. Adolescence and Puberty
2. Male and Female Reproductive Systems
3. Human Reproduction
4. Family Planning/Contraception/  
Abstinence
5. STDs and AIDS
6. Communication and Unhealthy Dating Relationships

Again, if any of these units are in conflict with your moral or religious beliefs, please send a letter indicating exactly from which unit(s) you wish to have your child excused.

Sincerely,

James DeLalla  
Principal