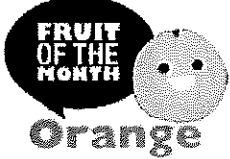

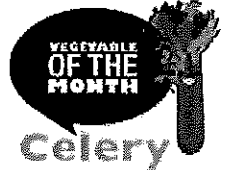




MARCH 2017 NEW MILFORD Elementary Schools



Nutrition information for many of our most popular items can be found at <http://www.pomptonian.com/nutrition-information/> or contact the Food Service Director for New Milford at 201-261-2952, ext. 2016.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>FRUIT OF THE MONTH Orange</p>	 <p>THE FARM STAND</p>	<p>Selections on The Farm Stand are included with lunch. Choose $\frac{1}{2}$ a cup of fruit and 1 cup of vegetable from a variety of options daily.</p>		 <p>VEGETABLE OF THE MONTH Celery</p>
<p>6</p> <p>1. Baked Chicken Nuggets w/ a Dinner Roll & Sweet Potato Fries or 2. Beef & Bean Burrito</p>	<p>7</p> <p>1. Nachos Grande w/ Turkey Taco Meat, Rice & Scoops! Chips or 2. BBQ Chicken on a Bun</p>	<p>8</p> <p>1. Cheesesteak on a Bun w/ Oven Potatoes or 2. Penne Pasta w/ Meat Sauce</p>	<p>9</p> <p>1. Popcorn Chicken w/ Dip & a Roll or 2. Veggie Burger on a Bun</p> <p>MyPlate Sticker Free w/ Lunch </p>	<p>10</p> <p>SINGLE SESSION DAY NO LUNCH SERVICE</p>
<p>National School Breakfast Week - Take the School Breakfast Challenge</p>				
<p>13</p> <p>1. Pancakes w/ Syrup & a Colby Egg Patty or 2. Chicken Quesadilla</p>	<p>14</p> <p>1. Chicken Sliders on a Bun w/ Oven Fries or 2. Hot Turkey & Gravy on a Bun</p>	<p>15</p> <p>1. Pizza Crunchers w/ Marinara Sauce or 2. Baked Macaroni & Cheese w/ a Dinner Roll</p>	<p>16</p> <p>1. All-Beef Hot Dog on a Bun or 2. Spaghetti & Meatballs</p>	<p>ST. PATRICK'S DAY 17</p> <p>1. Grilled Cheese Sandwich w/ Tomato Soup or 2. Pizzeria Pizza</p> <p>Free Shamrock Shape-Up w/ Lunch </p>
<p>SPRING BEGINS 20</p> <p>1. Chicken Patty on a Bun or 2. Meatball Parmesan Sandwich</p>	<p>National Agriculture Day 21</p> <p>1. Cheesesteak on a Bun or 2. Pizza Crunchers w/ Marinara Sauce</p>	<p>22</p> <p>1. French Toast Sticks w/ Syrup & a Sausage Link or 2. Popcorn Chicken w/ Dip & a Roll</p>	<p>23</p> <p>1. Baked Chicken Nuggets w/ a Roll & Mashed Potatoes or 2. Baked Ziti w/ Meatballs</p>	<p>24</p> <p>1. Chicken Fajita over Rice or 2. Pizzeria Pizza</p>
<p>27</p> <p>1. Baked Macaroni & Cheese w/ a Dinner Roll or 2. Egg & Cheese on a Bun</p>	<p>28</p> <p>1. Cheeseburger on a Bun or 2. Sloppy Joe Sandwich on a Bun</p>	<p>29</p> <p>1. Meatball Parmesan on a Roll or 2. Baked Chicken Nuggets w/ a Roll & Mashed Potatoes</p>	<p>30</p> <p>1. Nachos Grande w/ Turkey Taco Meat, Rice & Scoops! Chips or 2. BBQ Rib Sandwich on a Bun</p>	<p>31</p> <p>1. Oven-Baked Fish on a Bun or 2. Pizzeria Pizza</p>

ALSO AVAILABLE DAILY

- SALAD LUNCH** (each salad includes a Wheat Dinner Roll)
Chef's Salad: Tossed Greens w/ Turkey, Ham & Cheese
- BAGEL MEAL**
Bagel w/ Cream Cheese, Low-Fat Cheese Sticks & a Trip to the Farm Stand
- YOGURT LUNCH**
4 oz. Yogurt, Cheese Stick, Pretzels, Dinner Roll & a Trip to the Farm Stand
- HOT VEGETARIAN**
Week 1: Baked Macaroni & Cheese with a Roll
Week 2: Stuffed Shells w/ Marinara Sauce & a Dinner Roll
Week 3: Cheese Quesadilla
Week 4: Vegetable Lasagna with a Roll

"This institution is an equal opportunity provider."

A Complete Lunch Includes:

Entrée (with Protein/Grain)

Trip to The Farm Stand

Milk Choice: 1% White, Skim, or Non-Fat Chocolate

Menu Subject to Change

Your comments are important to us. Please e-mail us at comments@pomptonian.com



At least 50% of All Grains served w/ your meal are Whole Grain Rich

NEW MILFORD LUNCH ORDER FORM

Please indicate your menu choice each day in the appropriate box and return each form to the school by 9:00 a.m. on the due date indicated in an ENVELOPE with the exact money OR check made payable to the "New Milford Board of Education."

**WEEKLY ORDER
AVAILABLE EVERY DAY**

Please use the following codes to indicate your selection:

- | | |
|----------------------------|--|
| [1] Daily Menu Choice | [2] Alternate Hot Entrée |
| [3] Weekly Salad Selection | [4] Mini Bagel Bag (bagel may contain seeds) |
| [5] Yogurt Bag Lunch | [6] Weekly Vegetarian Entree |



**POMPTONIAN
FOOD SERVICE**

"This institution is an equal opportunity provider."

Tear at this line and return in an ENVELOPE.

Week 4 - 3/27 - 3/31

DAY	MILK ONLY \$3.00	PAID LUNCH & MILK \$13.25	REDUCED LUNCH & MILK \$2.00	FREE LUNCH & MILK	2ND SLICE PIZZA \$2.00
MON					X
TUE					X
WED					X
THU					X
FRI					X
TOTAL	\$	\$	\$	\$	\$

STUDENT'S NAME _____

TEACHER _____

GRADE _____

PLEASE CIRCLE ONE:

Skim 1% Non-Fat Chocolate

NOTE TO Families who qualify for Federally Free Lunch:
You must fill out and return this form.

Please return form & payment by Tuesday, March 21, 2017

Week 3 - 3/20 - 3/24

DAY	MILK ONLY \$3.00	PAID LUNCH & MILK \$13.25	REDUCED LUNCH & MILK \$2.00	FREE LUNCH & MILK	2ND SLICE PIZZA \$2.00
MON					X
TUE					X
WED					X
THU					X
FRI					X
TOTAL	\$	\$	\$	\$	\$

STUDENT'S NAME _____

TEACHER _____

GRADE _____

PLEASE CIRCLE ONE:

Skim 1% Non-Fat Chocolate

NOTE TO Families who qualify for Federally Free Lunch:
You must fill out and return this form.

Please return form & payment by Tuesday, March 14, 2017

Week 2 - 3/13 - 3/17

DAY	MILK ONLY \$3.00	PAID LUNCH & MILK \$13.25	REDUCED LUNCH & MILK \$2.00	FREE LUNCH & MILK	2ND SLICE PIZZA \$2.00
MON					X
TUE					X
WED					X
THU					X
FRI					X
TOTAL	\$	\$	\$	\$	\$

STUDENT'S NAME _____

TEACHER _____

GRADE _____

PLEASE CIRCLE ONE:

Skim 1% Non-Fat Chocolate

NOTE TO Families who qualify for Federally Free Lunch:
You must fill out and return this form.

Please return form & payment by Tuesday, March 7, 2017

Week 1 - 3/6 - 3/10

DAY	MILK ONLY \$2.40	PAID LUNCH & MILK \$10.60	REDUCED LUNCH & MILK \$1.60	FREE LUNCH & MILK	2ND SLICE PIZZA \$2.00
MON					X
TUE					X
WED					X
THU					X
FRI					X
TOTAL	\$	\$	\$	\$	\$

STUDENT'S NAME _____

TEACHER _____

GRADE _____

PLEASE CIRCLE ONE:

Skim 1% Non-Fat Chocolate

NOTE TO Families who qualify for Federally Free Lunch:
You must fill out and return this form.

Please return form & payment by: Tuesday, February 28, 2017